A new global survey suggests that, around the world, people living with ulcerative colitis (UC) have been dramatically affected by the disease. With the growth in worldwide incidence of UC, comes the need for resources and support for those living with the disease. The first-ever Global UC Narrative Survey was conducted by Pfizer and Sanofi, and was designed to explore the impact of UC on patients’ lives, as well as the impact of UC on healthcare providers.

Survey Findings

1. “The impact of UC on patients’ lives is clear,” said Robert H. Rutgeerts, MD, Professor Emeritus, University of Leuven, Belgium. “It affects their daily activities and enjoyment of life.”

2. Patients with UC reported substantial distress related to the disease, including:
   - 54% were not satisfied with the amount of time devoted to discussing their UC with their healthcare provider.
   - 28% felt their healthcare provider couldn’t answer all of their questions.
   - 29% felt they didn’t have a good solution to control the symptoms.
   - 34% were not satisfied with the information they received about their UC.

3. Patients also reported important treatment-related concerns:
   - 68% were concerned about the impact of their symptoms on their ability to exercise.
   - 65% were concerned about the impact of their condition on their ability to work.
   - 64% were concerned about the impact of their condition on their ability to socialize.

4. Patients with UC also reported having extensive citrus disease-related lifestyle changes, with 91% having lost 4 or more days of work, and 11% having lost 4 or more days of leisure time due to UC.

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www.Pfizer.com/UCNarrative

Visit Pfizer.com/UCNarrative to learn more about the UC Narrative initiative, or scroll down to learn more about Ulcerative Colitis: Inside and Out – Your Global Survey Offers a Glimpse Into the Impacts of the Chronic Disease.